



## THE 5th EDITION MENU

### Mezzo Morning (But Available All Day)

#### (SIT IN OR TAKE AWAY)

<b>The Big Breakfast</b>	<b>£2.95</b>
Creamy scrambled egg, smoked salmon ribbons with toasted or wheaten bread	
<b>Open Soda Sandwich</b>	<b>£2.95</b>
Toasted soda, bacon, sausage, scrambled egg, and grilled tomato	
<b>Toasted Muffin</b>	<b>£2.95</b>
Toasted muffin, poached egg and bacon	
<b>Super Size Scone</b>	<b>£1.00</b>
Apple and Cinnamon Honey and Raisin Plain	
Served with butter, jam, and cream	
<b>A Selection of Mini Danish Pastries</b>	<b>£1.00</b>
<b>Homemade French Toast</b>	<b>£1.00</b>
Served with butter or maple syrup	
<b>Homemade French Toast</b>	<b>£2.10</b>
Served with bacon, butter and maple syrup	
<b>Croissant Selection</b>	
Ham, Swiss Cheese and Tomato <b>£2.50</b>	
Scrambled Egg and Bacon <b>£2.50</b>	
Plain with Cream, Jam and Butter <b>£1.00</b>	
<b>Selection of Homemade Tray Bakes</b>	<b>75p</b>
<b>Teas &amp; Coffees</b> (see separate drinks section)	

### Mezzo Lunch

#### (SIT IN OR TAKE AWAY)

Please note that your choice of wine is available from 11.30am

<b>The Supreme</b>	<b>£4.75</b>
Chicken fillet strips, roasted red onion, mushrooms and peppers; melted cheddar on a tomato Ciabatta bread	
<b>Italian Experience</b>	<b>£4.50</b>
Chorizo sausage, sweet peppers and mozzarella, served on open foccacia bread	
(V) <b>The Med</b>	<b>£4.50</b>
Black olives, semi sundried tomatoes' chargrilled vegetables and goats cheese on open Foccacia bread	
<b>Selection of Home-made Tartlets</b>	<b>£4.50</b>
Creamy leek, smoked salmon and prawn (V) Red Onion, plum tomato and warm goats cheese Creamy leek and chicken	
All tartlets served with dressed leaves and balsamic syrup	
<b>Chillied Beef Tacos</b>	<b>£4.75</b>
Chilli beef and vegetable tacos, glazed cheddar, taco sauce and dressed leaves	
<b>Confit Duck Leg</b>	<b>£4.75</b>
Confit duck leg, saute potato and black pudding salad and Balsamic vinegar	
(V) = VEGETARIAN OPTION	

### Mezzo Lunch cont.....

#### (SIT IN OR TAKE AWAY)

#### Panini Selection

<b>Chinese Chicken</b>	<b>£4.50</b>
Sweet and sour chicken, spring onion melting cheddar	
(V) <b>Veggie Choice</b>	<b>£4.50</b>
Roasted mediterranean vegetables, peppers, aubergines and mozzarella	
<b>Why not make your own panini from any four of the following selection</b>	<b>£4.50</b>
Ham, Chicken, Bacon, Tuna, Tomato, Olives, Peppers, Cucumbers, Red Onion, Cheddar, Goats Cheese, Mozzarella, Feta or Smoked Cheese (additional items charged at 25p)	
<b>Traditional Club Sandwich</b>	<b>£3.95</b>
Layered chicken, bacon, tomato, cucumber and crispy lettuce served on naan bread and choice of Cajun, mustard grain or ordinary mayonnaise	
(V) <b>Mezzo Salad</b>	<b>£4.50</b>
Black olives, shaved parmesan, crispy lettuce, sundried tomatoes, crusty bread and Caesar salad	

<b>Chicken Caesar</b>	<b>£4.75</b>
Just add chicken to the above	
<b>Avocado &amp; Bacon Salad</b>	<b>£4.50</b>
Just add avocado, bacon, red onion and scallions to the above	

<b>Soup of the Day</b>	<b>£2.75</b>
Served with freshly home-made breads and butter	
<b>Seafood Stack</b>	<b>£4.75</b>
Traditional prawns and Marie Rose sauce, topped with smoked salmon and served with dressed leaves, salsa verdi	

<b>Toasted Bruschetta</b>	<b>£4.50</b>
Roasted vegetables, sundried tomatoes, goats cheese and tapenade (also served with chicken £4.75)	

<b>Homemade Beef Burger (O'K ✓)</b>	<b>£4.50</b>
Topped with glazed parmesan, served with tomato, pepper salsa and dressed leaves on toasted Foccacia	

<b>Prawn Spring Rolls</b>	<b>£4.50</b>
Sweet chilli prawn and vegetable spring rolls, with dressed leaves and creamy mayo	

<b>Toasted Bagel</b>	<b>£4.50</b>
Toasted Bagel, layered with cream cheese and chives, topped with either smoked salmon or bacon. Served with dressed leaves, tomato and cucumber	

<b>Mezzo Wraps</b>	
<b>Marinated Tandoori Wraps</b>	<b>£4.75</b>
Fillet of chicken, marinated in tandoori spices and roast vegetables, wrapped in a tortilla, served with salad leaves and creamy caesar dressing	

<b>Honey Roasted Veggies</b>	<b>£4.50</b>
Honey and gingered Mediterranean vegetables, cherry tomatoes, Mozzarella cheese with dressed leaves on tortilla bread	

<b>Mexican Beef</b>	<b>£4.75</b>
Mexican ground beef and vegetable wrap with dressed leaves and taco sauce	

### Cafe Mezzo Gluten Free Option

[O'K ✓] sausages and burgers supplied by O'Kane's award winning meats

<b>The Big Breakfasts</b>	<b>£2.95</b>
Creamy scrambled egg, topped with smoked salmon ribbons or Creamy scrambled egg with sausage, bacon and tomato	
<b>Mediterranean Stack</b>	<b>£4.50</b>
Chargrilled Mediterranean vegetables topped with glazed goats cheese, black olives, leaf salad and balsamic syrup	
(V) <b>Mezzo Salad</b>	<b>£3.95</b>
Crispy salad leaves, cherry tomatoes, black olives, parmesan shavings, semi sundried tomatoes, served in a creamy Caesar dressing	
<b>Chicken Salad</b>	<b>£4.50</b>
As above with chicken strips	
<b>Avocado &amp; Bacon Salad</b>	<b>£4.50</b>
Just add avocado, bacon, red onion and scallions to the above	
<b>Homemade Beef Burger</b>	<b>£4.50</b>
Topped with glazed parmesan, served with tomato, pepper salsa and dressed leaves	
<b>Chilli Chicken</b>	<b>£4.50</b>
Chilli chicken & roast vegetables with melted cheddar cheese	
<b>Confit Duck Leg</b>	<b>£4.50</b>
Confit duck leg with plum tomato, red onion salad and balsamic vinegar	

### Afternoon Mezzo

<b>Pecan Promise</b>	<b>£2.95</b>
A warm whiskey and Pecan pie served with clotted cream and coffee sauce	
<b>B&amp;B Pudding</b>	<b>£2.95</b>
Bread and butter pudding sprinkled with raisins and served with a vanilla cream	
<b>Mezzo Magic</b>	<b>£2.95</b>
Sticky toffee pudding served with a rich butterscotch sauce and chantilly cream	
<b>Apple Cobbler</b>	<b>£2.95</b>
Traditional stewed and sweetened apples topped with custard and crispy crumble and served with fruit coulis	
<b>Chocolate Fondant</b>	<b>£2.95</b>
Warm chocolate pudding served with chocolate sauce and hazelnut cream (allow seven minutes for baking)	
<b>Trio of Ice Cream</b>	<b>£2.95</b>
Served in a Tuille basket, duo of fruit coulis and fresh berries	

## Theatre Special

(served from 6pm every Friday)

**Free 1/4 bottle of wine with every meal for two**

### Beverages

#### (SIT IN OR TAKE AWAY)

#### COFFEES

<b>Con Pana</b>	<b>£1.10</b>
Espresso shot with a swirl of cream	
<b>Italian Espresso</b>	<b>£1.10</b>
A short intensely flavoured coffee to kickstart a great day	
<b>Macchiato</b>	<b>£1.10</b>
Espresso shot, frothed milk	
<b>Cappuccino</b>	
Small <b>£1.45</b>	
Large <b>£1.60</b>	
A chance for your favourite barista to show off (Skimmed milk option available on request)	
<b>Espresso Lungo</b>	<b>£1.30</b>
Linger over a longer lighter espresso	
<b>Café Mocha</b>	<b>£1.65</b>
French chocolate conspires with Italian coffee to seduce a palate	
<b>Viennese Cappuccino</b>	<b>£1.65</b>
We take the decadence of Café Mocha and cap it with cream (whipped of course!)	
<b>Caffe Latte</b>	<b>£1.65</b>
An Irish-Italian marriage made in heaven....but will it last? (Skimmed milk option available on request)	
<b>Hot Chocolate</b>	<b>£1.45</b>
A hot Alpine chocolate laced with a subtle hint of hazelnut	
<b>Irish Coffee</b>	<b>£2.95</b>
Hot coffee flavoured with Irish whiskey topped with fresh cream and sweetened with a shot of brown sugar	

Why not try one of our range of coffee flavours available with all coffees

**Vanilla, Chocolate, Hazelnut, Caramel and Irish Syrup**

<b>DRINKS</b>	<b>£1.20</b>
We offer a selection of still, sparkling and flavoured Ballygowan waters. Pure orange, apple juice also available	
<b>WINES</b> (available from 11.30am)	<b>£2.75</b>
We offer a choice of red or chilled white wine served in 1/4 bottles	
<b>TEAS</b>	<b>£1.00</b>
Please ask server for selection	
<b>SMOOTHIES</b>	<b>£1.95</b>
Just the job to cool you off. Ask for details of our super smoothies and fabulous frappes - very refreshing!	

**Why not try our selection of home-made breads with optional oils and dressings**

#### Take Away

Please ask for details of our take away options  
Tel. 028 7126 1817 ext. 22